

## **List of Plants Chosen for Ballinahown Tidy Towns 2025 Planting**

### **Key Points:**

All plants selected are varieties of perennials, shrubs and trees that are outlined in the various documents produced by the All-Ireland Pollinator Plan scheme, which can be found on the [pollinators.ie](http://pollinators.ie) website.

Native plants were chosen for the necessary areas of the church boundary fence and the amphitheatre area, so that it would tie in with the surrounding native hedgerows and previous planting. For other areas of the church grounds, carpark and roadside verge, pollinator-friendly perennials were chosen, mostly with blue or purple flowers as these seem to be preferred by many pollinator species. Yellow, white, and pink flowering plants were also used to create contrast and visual aesthetics. All plants were also selected for their long flowering times (more beneficial to pollinators), and for their varied flowering times to ensure as many flowers are available throughout the vast majority of the year.

In most cases, perennials were planted in a mixed, informal planting scheme to create a mixed wildflower visual aesthetic, with the exception of the 2 x circular beds in the church grounds, as these would be more aesthetically pleasing with a more structured symmetrical planting scheme.

A native short-cut floral lawn seed mix was sown on the Amphitheatre bank that can be maintained over the years by strimming 2-3 times a year, encouraging 3 separate flushes of native flowers - early summer, late summer and autumn. This will greatly extend the period of benefiting a very wide range of pollinators. Last years wildflower seed mix was sown in the new bed near the Parochial house, In the back left corner of the carpark next to the arched walkway (where the 3 x *Taxus baccata* were planted), and on the 3 mounds in the sports centre.

\*\*\*Note: there wasn't too much we could do with the mounds in the sports centre. There is a lot of persistent scutch grass growing here that we tried to remove by hoeing, but it will quickly come back. I would advise that in next years planning, a mini digger can be used to remove the worst affected areas and new screened topsoil be added for fresh seed sowing/planting.

Total Perennials – 832

Total Alpine/Rockery Plants – 15

Total Trees – 7

Total Climbers – 24

Total Shrubs - 140

### **Perennials:**

15 x **Achillea 'Moonshine'** – Planted at Entrance Sign and Stone Monument, in New Bed at Grotto, and in bed at Sports Centre.

Yellow flower from early summer. Height & Spread approx. 60cm. Attracts bees, beneficial insects, butterflies/moths, birds and other pollinators. Can be cut back to foliage in late June if flowers become spent, and will flower again for late summer until the frost. May retain some foliage during winter.



48 x **Achillea 'Saucy Seduction'** – Planted in various Carpark Beds and the Roadside Verge.

Pink flower from early summer. Height & Spread approx. 60cm. Attracts bees, beneficial insects, butterflies/moths, birds and other pollinators. Can be cut back to foliage in late June if flowers become spent, and will flower again for late summer until the frost. May retain some foliage in winter.



60 x **Allium 'Millenium'** – Planted in New Bed Behind Grotto area, in 2 x Circular beds in Church Grounds and in bed at Sports Centre.

Pink-Purple flower from early July. Height & Spread approx. 45-60cm. Attracts bees, butterflies, hoverflies and other beneficial pollinating insects. Flowers will become spent by early-mid August, and can be left without pruning, as dried seed heads may give some additional interest in the autumn. Leave foliage to die back naturally.



13 x **Astilbe 'Bressingham Beauty'** – Planted in New Bed Behind Grotto area and in New Carpark Bed with Bogwood Sculpture.

Pink plume flower from early to mid summer. Height & Spread approx. 60-90cm. Shade tolerant. Attracts bees, hoverflies and other beneficial pollinating insects. Flowers can be deadheaded when they become spent, or can be left as dried seed heads. Cut plant back to 1-2 inches when foliage dies back in winter.



10 x **Astrantia major 'Venice'** – Planted in New Bed Behind Grotto area.

Red to deep Pink flower from early to mid summer. Height & Spread approx. 60cm. Shade tolerant. Attracts bees, hoverflies, butterflies and other beneficial pollinating insects. Flowers can be cut back to foliage when they become spent in late June, and it should flower again with a second flush for the autumn. Cut plant back to 1-2 inches when foliage dies back in winter, or leave old seed heads for winter interest and cut back in spring.



3 x **Campanula muralis** – Planted as Groundcover in Rockery area around praying statue at Grotto.

Purple flower from early summer. Height & Spread approx. 20cm. Low trailing/creeping plant for sunny rockery areas. Attracts bees, butterflies and other beneficial pollinating insects. Flowers can be deadheaded/trimmed when they become spent in late June, and should flower again with a second flush for the autumn.



3 x **Dianthus 'Flashing Lights'** – Planted as Groundcover in Rockery area around praying statue at Grotto.

Bright Ruby-Red flower from May until August. Height & Spread approx. 20cm. Low trailing/creeping plant for sunny rockery areas. Attracts bees, butterflies and other beneficial pollinating insects. Flowers can be deadheaded/trimmed when they become spent. Evergreen.



36 x **Erysimum 'Bowles Mauve'** – Planted at Entrance Sign and Stone Monument, New Bed at Grotto and on Roadside Verge.

Purple flower almost year-round, typically from spring throughout summer and autumn. Height & Spread approx. 60-80cm. Short-lived (3-4 years) woody perennial. Very attractive to bees and butterflies, and many other beneficial pollinating insects. Deadhead old flowers regularly to keep new flowers coming and to help prevent the plants becoming too woody. Evergreen.





130 x **Geranium 'Rozanne'** – Planted in New Bed at Grotto, New Bed Behind Grotto area, 2 x Circular beds in church grounds and in all Carpark Beds.

Blue flower from mid summer, with a long flowering time that will continue throughout autumn. Height & Spread approx. 40-60cm. Very attractive to bees, hoverflies, butterflies and other beneficial pollinating insects. Cut plant back to 1-2 inches when foliage dies back in winter.



84 x **Hemerocallis 'Stella D'Oro'** – Planted in 2 x Circular Beds in church grounds and Roadside Verge.

Bright Yellow flower from mid summer until early-mid autumn. Height & Spread approx. 60cm. Very attractive to bees, butterflies, moths and other beneficial pollinating insects. Remove old flowers regularly to encourage new ones and prolong the flowering time well into the autumn. Cut plant back to 1-2 inches when foliage dies back in winter.



3 x **Iris 'Purpleliscious'** – Planted in New Carpark Bed with Bogwood Sculpture.

Vibrant Purple flower in late May throughout June. Height & Spread approx. 60-80cm. Suitable for Damp Soils and slightly Shaded areas. Very attractive to bees, hoverflies and other beneficial pollinating insects. Let plant die back naturally and remove dead foliage when necessary.



1 x **Iris 'Frans Gold'** – Planted in New Carpark Bed with Bogwood Sculpture.

Blue flower in late May throughout June contrasts against striking yellow foliage. Height & Spread approx. 60-80cm. Suitable for Damp Soils and full sun to slightly Shaded areas. Very attractive to bees, hoverflies and other beneficial pollinating insects. Let plant die back naturally and remove dead foliage when necessary.



48 x **Lavender angustifolia 'Munstead'** – Planted in 2 x Circular Beds in church grounds.

Purple flower from June throughout the summer, and highly fragrant evergreen foliage. Height & Spread approx. 45-60cm. Very attractive to bees, hoverflies, butterflies and other beneficial pollinating insects. Deadhead flowers regularly, and when flowering is finished around late September/October, give the plant a light trim, removing all old flowers and the top 1-2cm of foliage. Evergreen.



72 x **Leucanthemum 'Madonna'** – Planted at Entrance Sign and Stone Monument, New Bed at Grotto, and in 2 x Circular beds in church grounds and Area 2 Bed 13 in Carpark.

White daisy-like flower with yellow centre from June throughout the summer and into autumn. Height & Spread approx. 45-60cm. Very attractive to bees, hoverflies, butterflies and other beneficial pollinating insects. Deadhead flowers regularly to encourage prolonged flowering. Old flower/seed heads can be left for winter interest and cut back to foliage in spring, or cleaned up and cut back when flowers die back with frost. May retain some winter foliage.



6 x **Lobelia 'Queen Victoria'** – Planted in Area 2 Bed 1 of Carpark, and in New Carpark Bed with Bogwood Sculpture.

Striking red flower from late summer throughout the autumn, contrasting with its dark maroon foliage. Height & Spread approx. 60-90cm. Suitable to damp areas and shade. Very attractive to bees, butterflies and other beneficial pollinating insects. Cut plant back to 1-2 inches when foliage dies back in winter.



12 x **Lupin 'Gallery Blue'** – Planted on Roadside Verge.

Large Blue flower from early summer. Height & Spread approx. 60-80cm. Attracts bees, beneficial insects, butterflies, and other pollinators. Whole plant can be cut right back to 1-2 inches in late June when flowers become spent, and will flower again for late summer until the frost. Cut back hard again in winter when plant has died back with frost.





6 x **Lupin 'Gallery Red'** – Planted on Roadside Verge.

Large Red flower from early summer. Height & Spread approx. 60-80cm. Attracts bees, beneficial insects, butterflies, and other pollinators. Whole plant can be cut right back to 1-2 inches in late June when flowers become spent, and will flower again for late summer until the frost. Cut back hard again in winter when plant has died back with frost.



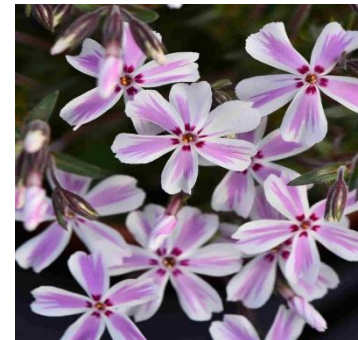
36 x **Nepeta 'Cat's Pajamas'** – Planted at New Bed at Grotto, and in various beds in the Carpark.

Vibrant Blue flower from early summer. Height & Spread approx. 60cm. Attracts bees, butterflies, and other pollinators. Whole plant can be cut right back to 1-2 inches in late June when flowers become spent, and will flower again for late summer until the frost. Cut back hard again in winter when plant has died back with frost.



3 x **Phlox 'Candy Stripe'** – Planted as Groundcover in Rockery area around praying statue at Grotto.

White flowers with pink strikes from early summer. Height & Spread approx. 20cm. Low trailing/creeping plant for sunny rockery areas. Attracts bees and other beneficial pollinating insects. Flowers can be deadheaded/trimmed when they become spent in late June, and should flower again with a second flush for the autumn. Evergreen.



10 x **Pulmonaria 'Blue Ensign'** – Planted in New Bed Behind Grotto area.

Vibrant masses of Blue flowers in spring. Height & Spread approx. 45-60cm. Tolerant of shade. Attracts bees, and other early pollinators. Whole plant can be cut back after flowering, and a new flush of fresh foliage will emerge for the summer, keeping the plant fresh and healthy looking. It can be cut back again in winter when the foliage dies back.



60 x **Rudbeckia ‘Goldsturm’** – Planted at Entrance Sign and Stone Monument, in New Bed at Grotto, various beds in the Carpark and on the Roadside Verge.

Bright Yellow daisy-like flower with a dark centre from August-October/November. Height & Spread approx. 60-80cm. Attracts bees, butterflies, and other pollinators. Whole plant can be cut back hard in winter when plant has died back with frost, or leave until spring as the seed heads create winter visual interest that the birds will also enjoy.



150 x **Salvia ‘Caradonna’** – Planted at Entrance Sign and Stone Monument, New Bed at Grotto, 2 x Circular beds in Church Grounds, all Carpark beds and on Roadside Verge.

Deep Blue/Purple spike flower from early summer. Height & Spread approx. 60-80cm. Attracts bees, butterflies, and other beneficial pollinators. Whole plant can be cut right back to 1-2 inches in late June when flowers become spent, and will flower again for late summer until the frost. Cut back hard again in winter when plant has died back with frost.



12 x **Scabiosa ‘Mariposa Blue’** – Planted in various beds in the carpark.

Light Blue pincushion flower from early summer right throughout the autumn. Height & Spread approx. 40-60cm. Hugely attractive to butterflies, bees, hoverflies and other beneficial pollinators. Spent flowers should be regularly deadheaded to prolong flowering. Cut back hard in winter when plant has died back with frost.



3 x **Sedum ‘Cape Blanco’** – Planted as Groundcover in Rockery area around praying statue at Grotto.

Bright yellow flower from mid to late summer. Height & Spread approx. 20cm. Low trailing/creeping plant for sunny rockery areas. Attracts bees, butterflies and other beneficial pollinating insects. Evergreen silver foliage.





3 x **Thymus praecox** – Planted as Groundcover in Rockery area around praying statue at Grotto

Pink-Purple flower from early summer. Height & Spread approx. 20cm. Low trailing/creeping plant for sunny rockery areas. Attracts bees, butterflies, moths and other beneficial pollinating insects. Evergreen.



20 x **Polystichum aculeatum 'Herrenhausen'** – Planted in New Bed Behind Grotto area and in New Carpark Bed with Bogwood Sculpture.

Planted mainly for its evergreen foliage in the shaded areas that were planted. Height and Spread 60cm. Its green foliage will contrast beautifully against the various flowering plants in these sections. Not necessarily a pollinator, but can provide coverage for small animals and insects, creating a habitat under its evergreen fronds. If foliage becomes spent, cut back hard and new fronds will emerge.



### **Trees and Shrubs:**

1 x **Abelia grandiflora 'Confetti'** – Planted in bed at the Sports Centre.

Semi-evergreen compact shrub with colourful foliage. Long flowering time with its pale pink to white flowers in summer throughout autumn, which are pollinator-friendly and hugely attractive to bees. Height and spread approx. 90-120cm. No pruning or maintenance required, but can prune to shape if needed after flowering.



1 x **Abelia grandiflora 'Kaleidoscope'** – Planted at New Bed at Grotto

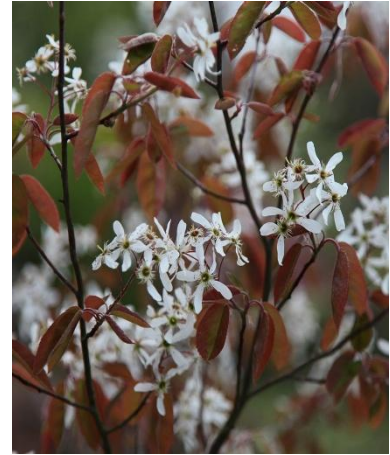
Semi-evergreen compact shrub with colourful foliage. Pink-tinted white flowers in summer throughout autumn, which are pollinator-friendly and hugely attractive to bees, especially due to its long flowering time. Height and spread approx. 90-120cm. No pruning or maintenance required, but can prune to shape if needed after flowering.





1 x **Amelanchier lamarckii** – Planted in Area 1 of Carpark (first bed on lefthand side of carpark entrance).

Deciduous multi-stemmed tree with white spring flowers (April and May), later forming small purple berries in the autumn. It also has good foliage colour in the autumn when the leaves change. A reasonably compact tree growing 4-5m tall, and the multi-stem form gives a beautiful structure and interest year-round. Its early flowering time is hugely beneficial for early pollinators, and its flowers are very attractive to bees and other beneficial pollinators. The berries also attract birds. No pruning or maintenance required.



1 x **Arbutus unedo Compact** – **NATIVE**. Planted at New Bed at Grotto.

Evergreen compact shrub that is native to Ireland. Creamy white, slightly fragrant flowers from late autumn into winter, which later form yellow to red edible fruits that take about 1 year to ripen, usually in the autumn. Height and spread approx. 80-120cm. It's a great shrub for pollinators and wildlife, as its flowers attract bees, butterflies, moths and other beneficial pollinators, while the fruits attract birds. Can prune to shape if needed, usually done in late spring.



6 x **Betula pendula** – **NATIVE**. Planted either side of the Amphitheatre Mound.

A large, deciduous native tree with distinctive white bark, and is an invaluable tree for our native wildlife. Flowers in the form of catkins appear in spring, which benefit bees and other early pollinators. The catkins later form seeds that the birds will eat, while the tree itself will also provide a good nesting site. It provides shelter for a wide range of wildlife species, and its foliage is a food source for caterpillars, therefore benefiting butterflies and moths. Eventual height 15-20m. No pruning or maintenance required.



1 x **Buddleja 'Buzz' Trio** – Planted in bed at the Sports Centre.

A deciduous to semi-evergreen compact shrub with a mix of white, blue and pink, honey scented flowers throughout summer and autumn. Height and spread 1.2-1.5m. Its long flowering time are hugely attractive to pollinators, particularly butterflies. Spent flowers should be deadheaded regularly to keep fresh flowering coming throughout the growing season. In spring, it can be pruned back to 30cm to keep the plant bushy and compact, and for the best flowering results.



1 x **Buddleja 'Nanho Purple'** – Planted at New Bed at Grotto

A deciduous to semi-evergreen compact shrub with light-purple, honey scented flowers throughout summer and autumn. Height and spread 1.2-1.5m. Its long flowering time are hugely attractive to pollinators, particularly butterflies. Spent flowers should be deadheaded regularly to keep fresh flowering coming throughout the growing season. In spring, it can be pruned back to 30cm to keep the plant bushy and compact, and for the best flowering results.



1 x **Buddleja 'Wisteria Lane'** – Planted in Area 1 of Carpark (first bed on lefthand side of carpark entrance).

A deciduous to semi-evergreen shrub with a weeping compact habit. It has very long, lilac-purple, honey scented flowers throughout summer and autumn. Height and spread 1.2-1.5m. Its long flowering time are hugely attractive to pollinators, particularly butterflies. Spent flowers should be deadheaded regularly to keep fresh flowering coming throughout the growing season. In spring, it can be pruned back to 30cm to keep the plant bushy and compact, and for the best flowering results.



1 x **Choisya 'White Dazzler'** – Planted at New Bed at Grotto.

A compact, evergreen shrub with aromatic foliage and masses of white flowers throughout late spring into summer, with often a second flush later in the autumn. Height and spread 120-150cm. Its flowers are attractive to a wide range of pollinators, specifically bees. No real pruning or maintenance required, but can prune to shape after first flush of flowers if necessary.





3 x **Erica 'Kramers Red'** – Planted in bed at the Sports Centre.

A compact, evergreen shrub with an abundance of magenta-red flowers in late winter/early spring, from January until April. Height and spread 45-60cm. Its early flowers are vital for pollinators, particularly bees and bumble bees. Its dense, evergreen habit also provides a habitat for various other insects. No maintenance or pruning required.



3 x **Erica 'White Perfection'** – Planted in bed at the Sports Centre.

A compact, evergreen shrub with an abundance of white flowers in late winter/early spring, from January until April. Height and spread 45-60cm. Its early flowers are vital for pollinators, particularly bees and bumble bees. Its dense, evergreen habit also provides a habitat for various other insects. No maintenance or pruning required.



1 x **Forsythia 'Minigold'** – Planted in bed at the Sports Centre.

A compact, deciduous shrub that produces an abundance of bright yellow flowers in early spring, from February throughout March. Height and Spread approx. 80-100cm. Its early blooms are very important for bees and other early pollinating insects. No maintenance or pruning required, but if necessary can be pruned just after flowering.



20 x **Hydrangea paniculata 'Petite Star'** – Planted in New Bed Behind Grotto area

A deciduous shrub with masses of creamy white, cone-shaped flowers that mature to a deep pink from July until the frost. Height and Spread approx. 1m. Not necessarily a massive attraction from pollinators for these, but bees, butterflies and moths, amongst other insects can still get some pollinator benefits from the large, long-lasting flowers. Dried, brown seed heads after flowering have some winter/spring interest. It can be pruned down to 30cm in March/April in order to encourage dense, bushy growth and larger flower heads.





**2 x *Hypericum 'Hidcote'*** – Planted at New Bed at Grotto

Evergreen, rounded shrub with masses of bright yellow flowers throughout late summer and autumn. Height and Spread approx. 1.2-1.5m. The flowers are very attractive to bees, hoverflies, butterflies and other beneficial pollinators. Red berries follow after flowering, which is a good food source for birds. No real maintenance required, but can be pruned to shape in March/April and to control its size.



**24 x *Lonicera periclymenum*** – **NATIVE**. Planted along Church Grounds Boundary Fence

A native, semi-evergreen, vigorous climbing plant that produces fragrant creamy-yellow flowers in late summer. It will ramble through hedgerows and trees, or in this case will be used on the boundary fence. The flowers are very good for bees, butterflies, moths and other pollinating insects. Its foliage is a food source for caterpillars, and the seeds it produces also provide food for birds. No pruning or maintenance required.



**5 x *Parahebe 'Avalanche'*** – Planted at start of New Bed Behind Grotto area and in bed at Sports Hall

A compact, evergreen shrub with small white flowers with green and pink centres mainly during the summer and autumn, but is known to have a very prolonged flowering time when the weather stays mild. Height and Spread approx. 60cm. Its flowers attract various pollinators including bees and butterflies. No pruning or maintenance required, unless it just needs to be shaped a bit.



**2 x *Potentilla 'Lovely Pink'*** – Planted at New Bed at Grotto, and in bed at Sports Centre.

A low maintenance, deciduous compact shrub with masses of pink flowers throughout the summer and into autumn. Height and Spread approx. 60-90cm. Its large volume of flowers and long flowering time means it is a great shrub for pollinators, attracting bees, butterflies and other beneficial insects. Can be lightly pruned after flowering, but generally not necessary.



9 x **Taxus baccata** – **NATIVE**. Planted in 2 x Troughs in Carpark, and in the area to the left of the Arched walkway at the back left of the carpark.

An evergreen, native shrub with dark green needle-like foliage. In this case they are used as screening plants around the seating area in the carpark, and so can be pruned to maintain at a desired height, forming a compact hedge which will benefit nesting birds. 3 excess plants were planted to the left of the carpark, and can be left to grow more natural into a tree form. The flowers and berries produced on these will benefit a wide range of pollinators and birds. Little maintenance required, just prune to shape the screening shrubs.



65 x **Viburnum opulus** – **NATIVE**. Planted at the top of the Amphitheatre Mound.

A native, deciduous shrub or hedgerow plant, that produces flat lace-cap creamy white flowers in early summer, which later forms into bright red berries. There is also good autumn colour in the foliage when the leaves begin to change. In this case these were planted on top of the amphitheatre mound, with intentions to maintain it as a low hedge to help screen the area and create aesthetic interest with every season, while also having huge benefits for pollinators and other wildlife. Its dense, shrubby habit will create nesting sites for birds, cover and shelter for various mammals and insects, while also providing a food source from the berries. These should be pruned yearly (In January/February) to maintain at a height of about 1.2-1.5m.



1 x **Viburnum tinus 'Spirit'** – Planted in bed at the Sports Centre.

An evergreen, hardy shrub with deep pink/red buds which open to clusters of white flowers in late autumn, throughout winter and spring. Height and Spread approx. 1.5m. Its very long flowering time (up to 6 months) and flowering period through winter and spring months when other flowering is limited, means it is an important source for pollinating insects. Can be pruned after flowering to maintain its size if needed.



**1 x Short Cut Floral Lawn Seed Mix – NATIVE.** Sown to cover the Amphitheatre Mound.

A native seed mix with many species including Red and White Clover, Birdsfoot Trefoil, Burnet Saxifrag, Yarrow, Meadow Buttercup, etc, all which are very important and highly attractive to pollinators.

Year 1 – cut in September, and later strim away taller growth.

Year 2 – cut/strim to maintain as a lawn.

Year 3 – should be cut/strimmed every 4-6 weeks to encourage multiple flower flushed. Maintain at height of about 10cm and remove all cuttings after strimming.

