



BALLINAHOWN COMMUNITY DEVELOPMENT

Autumn Harvest - Ballinahown Community Orchard

Approximately 30 trees have been planted in all at the new orchard at Ballinahown Biodiversity Park. The trees selected and planted here include apples, plums, pears and cobnuts (cultivated hazelnut trees). You will also find apple trees in the 1916 Remembrance Garden. These fruits are available to all the community to pick and enjoy. You will also find blackberry bushes throughout the village.

“When life gives you lemons, make lemonade!”

Making jam/ preserves is a good way to use a windfall harvest.

“Plant when there is an ‘R’ in the month”.

The autumn months are the best time to plant trees.

Don’t be tempted to clear up fallen leaves, these create habitats for wildlife to hide and hibernate over the weather months.

15 LIFE ON LAND



3 GOOD HEALTH AND WELL-BEING

